

The Meadows Mag

A vibrant and caring learning community

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2025 - Issue 3 - Term 1 - Week 9

Friday, 28th March 2025

The Meadows Calendar

Term 1 – Week 10

Monday 31 st March	Scripture Assembly
Tuesday 1 st April	Parent Teacher Interviews
Wednesday 2 nd April	Parent Teacher Interviews
Friday 4 th April	School Cross Country Carnival

Term 1 – Week 11

Thursday 10 th April	K-6 Assembly
Friday 11 th April	Easter Hat Parade
	Last Day of Term 1

Term 2 – Week 1

Monday 28 th April	Staff Development Day
Tuesday 29 th April	Staff Development Day
Wednesday 30 th April	STUDENTS RETURN
	ANZAC Ceremony

Term 2 – Week 2

Wednesday 7 th May	Mother's Day Stall
Thursday 8 th May	School Photo Day
Friday 9 th May	Mother's Day Picnic

Term 2 – Week 3

Friday 16 th May	PSSA Zone Cross Country
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Office Hours

Monday to Friday
8:20am – 3:00pm

Canteen

Monday, Wednesday,
Friday
8:20am – 1:30pm

Paymnet by cash or
EFTPOS

Uniform Shop

Uniforms sold in
the school canteen.

Monday, Wednesday,
Friday
8:20am – 9:00am



Payment by Cash or EFTPOS
at school
OR
prepay online using
School Bytes

Principal's Message

Kindergarten (and Stage 1) Independence!

As we approach the end of Term 1, we are aiming to foster as much independence in our 2025 Kindergarten students as possible. To aid the smooth transition into class each morning, we are asking those parents of K-2 students who enter school grounds in the morning to **say goodbye to your child at the edge of the K-2 covered COLA area (as pictured)** and leave your child to independently play with friends or walk to their class lines. Please remember, 8.47-8.50am, during the morning bell music, is not an appropriate time to speak with teachers. If you would like to speak with your child's teacher, an appointment can be arranged via the office. Thank you for understanding and support of this initiative to encourage a greater level of independence for our K-2 students, in particular, those wonderful little people in Kinder!



Parent / Teacher Interviews

A final reminder that we have Parent Teacher Interviews coming up for all K-6 mainstream classes. At this stage we have 195 interviews booked across the school. The interview dates are Tuesday 1st April (3.00-5.00pm) and Wednesday 2nd April (3.00-7.00pm). Interviews for students in our support class, 3-6VW, are being held from 2.00-3.00pm on the 5th and 12th of May.

Parents were sent an email and an SMS on 14th March with details on how to book an interview timeslot. If you haven't already made an interview booking, please re-read that email and make your booking by the closing time of **9.00am next Monday 31st March.**



We are partners in your child's education. Parent-Teacher Interviews provide a timely opportunity to see samples of your child's work and to hear about your child's academic progress (particularly in English and Maths), their social development and their goals for improvement heading into Term 2.

P&C News

Our Parents & Citizens (P&C) Annual General Meeting was held on 11th March and the following members were elected into positions on the P&C Executive. Congratulations to all!



President – Chell Oldfield
 Vice-President – Megan Terry
 Secretary – Olwen Paul
 Treasurer – Nicholas Oomens

Our next meeting for 2025 will be **TUESDAY 8th April at 9.00am, in the staffroom.**

Just a reminder, tickets for this year's P&C Easter Raffle have been sent home. Here's all you need to know:

- Tickets are \$1 each.
- Tickets and money must be returned to the office by Tuesday, 8 April.
- Please ensure all tickets are returned with the name of the purchaser and a contact number, or at the very least, the child's name and class.
- If your child sells all of their tickets, extra tickets can be collected from the office.
- Prize winners will be drawn at the Easter Hat Parade on Friday 11 April.



Upcoming Events

We have two big whole-school events to see out Term 1. Our school Cross Country Carnival will be held on Friday 4th April from 11.10-1.10pm in our school grounds.



Students who are turning 8 years this year or older will be competing in this event. K-2 students will also have the opportunity to run a shorter distance.

The gates will open at 11.05am and all parents and carers are most welcome. Parents are encouraged to bring a folding chair or picnic blanket.

The P&C will be holding a stall on the day with the following items available for purchase:

Zooper Doopers - \$1
 Bottled Water - \$2
 Cans of soft drink - \$2
 Sports Drinks - \$4

Students can only purchase after their event.

Finally, our much-loved Easter Hat Parade will be held on the final day of Term 1, Friday 11th April. Full details about this event will be communicated via School Bytes next week!



School Holidays and Term 2

As this is the final newsletter for the term, I wish our families a Happy Easter and all the best for a happy and healthy April holiday period. The last day of this term is Friday 11th April. All students return to school in Term 2 on **Wednesday 30th April**, following two pupil-free staff development days on 28-29 April. We have an action-packed Term 2 on the agenda and all of the key dates can be found on the Community Calendar attached to this newsletter.

Look after each other,

Scott Staveley

Principal

Presenting the Parramatta Zone Girls Paul Kelly Cup AFL 2025 Champions!



MESSAGES & REMINDERS FROM THE OFFICE

ATTENTION ALL PARENTS

It is **ESSENTIAL** that the school office have a working phone number that we can use to contact you in the event of an emergency.



Over the past week, we have tried to call several families when children have been in the sick bay only to find that the numbers we have on file for the family are incorrect.

If you have moved house or changed phone numbers, and have not yet let the office know, please use the “Change of Details Form” on School Bytes to update your family information. Please note that you are required to provide evidence of a change of the student’s main address, this can be uploaded directly into the form.

Please also make us aware if your family have had a change in circumstances. For separated families we can assist with ensuring both parents are receiving all communications.

SCHOOL BYTES APP

Make sure you have downloaded the School Bytes app and have notifications turned on! All of our information and permission notes are sent out via this app. This is also where all our Parent Teacher Interviews are booked, and absence responses are submitted. We are also in the process of uploading a range of forms to this platform to make parents jobs easier. Keep an eye on the app for info and updates.

Stage 3 Canberra Camp

Currently we are collecting permission notes and taking deposits for the Stage 3 Canberra Camp. As this event has limited places, your child’s spot on this camp is only secured once we receive the \$50 deposit. At the time of writing this newsletter, there are only 9 spaces on this camp still available.

MOTHER'S DAY Afternoon Tea Picnic

FRI 9 MAY

2PM - 2.40PM

More details to follow on School Bytes.



TheirCare
Where Kids love to be!

The Meadows Public School

- Social, enjoyable & fun experiences for children
- Develop creativity, life skills & confidence through play
- Qualified, caring & engaged staff
- Exciting & thoughtfully developed programs
- Healthy & Yummy food provided each day

Bookings now open!

	Monday - Friday Hours of Operation	Fees before Child Care Subsidy*	Out-of-pocket fees after Child Care Subsidy**
Before School Care (BSC)	7:00 AM to 8:45 AM	\$20.00	\$3.00
After School Care (ASC)	2:45 PM to 6:00 PM	\$35.00	\$3.50
Pupil Free Day	7:00 AM to 6:00 PM	\$64.00	\$6.40
Holiday Program***	7:00 AM to 6:00 PM	\$64.00	\$6.40

*Standard fee rates before Child Care Subsidy. **Standard fee rates after maximum Child Care Subsidy. ***Standard fee rates including out-of-pocket amounts.

Cancellation Fees
(The Child Care Subsidy applies to Cancellation Fees)
BSC/ASC within 24 hours of session start time: \$4.00
Holiday Program within 5 days of session start time: \$10.00
Same day cancellation fee is out-of-pocket session fee.

Late Booking Fees
(The Child Care Subsidy is applied to Late Booking Fees)
BSC/ASC within 24 hours of session start time: \$4.00
Holiday Program: book less than 5 days from the session start time fee is \$10.00

Late Pick-up Fees
(The Child Care Subsidy does not apply to Late Pick-up Fees)
\$1 per minute after service close time.

To register visit theircare.com.au

Service phone number: 0471 191 685
Your service Coordinator will be available during session times.

Save up to 90% with child care subsidy



CONGRATULATIONS



Award Winners!

Week 7

Teacher's Awards (2 points)

KC	Alikhann Ollie
KG	Alaa Amber-Rose
KQ	Myles Jibril
1/2N	Hope April
1/2R	Brea Vrishan
1/2W	Nina Harper
1/2Y	Takshiv Sammy
2/3P	Joseph Jake
3/4A	Matthew Tayla
3/4M	Nyra Fox
3/4T	Phoenix Summer
3-6VW	Lexi
5/6F	Mackenzie Jasmine
5/6L	Janikwah Braxton
5/6SP	Sam Yukti

Week 8

Teacher's Awards (2 points)

KC	Zebby Prashim
KG	Endrian Vihaan
KQ	Raheel Kristina
1/2N	Avya Shristi
1/2R	Cianna Ananya
1/2W	Dhaksha Kyra
1/2Y	Amir Avnish
2/3P	Ariah Aahana
3/4A	Andriana Feleti
3/4M	Samridh Jayla
3/4T	Lela Hassan
3-6VW	Arohanui
5/6F	CJ Liyanne
5/6L	Ahmed Sarwam
5/6SP	

Week 9

Teacher's Awards (2 points)

KC	Christian Rithumi	2/3P	Ananya Viliami
KG	Suafai Lara	3/4A	Mikhail Suhan
KQ	Sesha Gursamerjot	3/4M	Dishan Bayan
1/2N	Medhansh Rhyley	3/4T	Niya Lazar
1/2R	Hiyansh Jack	3-6VW	Blake
1/2W	Suvag Celine	5/6F	Loukas Corbin
1/2Y	Heather Adrienne	5/6L	Micah Lily
		5/6SP	



What have 2/3P been up to?

We visited our school's bushtucker garden with Miss Vanessa.



And learnt about how Aboriginal people use native plants for food and medicine.

We conducted a science experiment on states of matter, exploring why custard is hard to classify as a solid or liquid.



We did some investigations on measurement and learnt about some formal units to measure length (metres, centimetres and millimetres)



Stage 2

SCIENCE MATTERS COMPETITION

We have been learning about states of matter



We experimented with mixing solids and liquids
for a delicious treat



3/4A



FOR MEASUREMENT THIS TERM WE PRACTISED OUR SKILLS ESTIMATING LENGTH THEN USING INFORMAL AND FORMAL MEASUREMENTS



FORMAL MEASUREMENT WITH METRE LONG RULERS



INFORMAL MEASUREMENT USING OUR STEPS



WE PLAYED PARTNERED MATH GAMES TO WARM US UP FOR OUR LESSON

COMPLETED A BOOK STUDY ON FANTASTIC MR FOX



3/4T



WE PLAYED PARTNERED/GROUP MATH GAMES TO LEARN WHOLE NUMBER!



WE HAD SOME BUDDY TIME WITH 1/2W FOR CLEAN UP AUSTRALIA DAY



3/4M are the Pro's of Literacy Pro!



3/4M have been really getting into reading via the Literacy Pro app on our computers. The app is made by Scholastic Education and provides highly effective instructional literacy and numeracy programs aligned with the NSW school curriculum.



One of our School Captains, Aaron Rai, has produced this wonderful recount, describing his experience on Tuesday at National Young Leaders Day. Enjoy the read!

Dear Diary,

What a day to remember! Today was absolutely remarkable—an adventure brimming with excitement and unforgettable moments, and I can't wait to capture it all right here.

It all began with my friends from the leadership team and me hopping onto a van, ready to head to the ICC Sydney for the Halogen Young Leaders Day. I was buzzing with excitement and anticipation for what lay ahead but made a point to stay composed and focused for the day!

We arrived at the venue just before 8:00 am and the buzz in the air was contagious. The excitement in me grew as we waited to enter the building. Around us, waves of student leaders from a diverse range of schools across the state stood, just as eager to begin this incredible day.

When the doors finally swung open, we stepped into the massive theatre that would be our base for the event. And when I say massive, I mean—it was enormous beyond belief! Our seats were right at the front, directly in front of the stage, where all the inspiring speakers would take the spotlight.

The event kicked off with the lively host energizing the crowd as we waited for all the schools to settle in. To break the ice, we played a fun game called "Clinker." The goal? Guess the colour of the filling in the chocolate before biting into it. It was a sweet way to start the day, literally.

The first speaker was Catherine Laga'aia, who will star in the upcoming live-action Moana movie in 2026. She shared her journey of resilience—from receiving the opportunity to act, to moving from Australia to Hawaii for the role. Her story was a mix of challenges, triumphs, and plenty of laughs, especially when she casually revealed she once punched Dwayne "The Rock" Johnson in the face (on set, of course)!

After her talk, we had a brief recess before heading back into the theatre for the next speaker.

Thomas-Duncan Watt took the stage next. He's an award-winning Australian screenwriter and playwright. His career began with a love for Star Trek and a homemade show he created with his friend Josh. He shared how his first attempt at filmmaking received harsh criticism but how he turned those failures into stepping stones for improvement. Two metaphors from his speech stood out: "Every master was once a disaster" and "Every failure is one step closer to success." His humour had us all laughing, making his talk as entertaining as it was inspiring.

Following him, we had the honour of hearing from a remarkable 11-time gold medal Olympian who dominated the 2020 Tokyo Olympics. She shared ten profound lessons from her journey to becoming the most decorated Olympic athlete. One that stuck with me was: "You cannot achieve anything alone." Her words ignited a fresh determination in me to work hard and persevere toward my own goals.

After her motivational talk, we took a break for lunch and some playtime in the park. The park was bustling with students from schools far and wide, and it was fun mingling and playing with people from so many different places from the state.

Finally, the day wrapped up with Anthony Harries Carroll, a globally renowned lifeguard. He talked about the risks and responsibilities of his role, often working alone in high-stakes situations. He recounted life-saving experiences and even included a light-hearted moment where his son and a friend demonstrated CPR—he cheekily tried to make his son give a kiss, much to everyone's amusement!

In the end, today left an indelible mark on me. I've learned that leadership is more than just a title; it's about the qualities we cultivate within ourselves. And the best part? We all have the potential to lead—no cape required.

It was a smooth-sailing, deeply enriching day, and I'm so proud of myself for soaking in every moment and embracing it to the fullest.

I can't wait to see what tomorrow brings!

Until next time,

Aaron Rai



Come along to our **free** **Kids** **GARDENING CLASSES** at Flower Power

11am APRIL
 MONDAY 14 – THURSDAY 17
 TUESDAY 22 – THURSDAY 24
ONE CLASS PER DAY!
EXCLUDES PUBLIC HOLIDAYS & WEEKENDS



flower power

Kids of all ages must be accompanied by an adult. No bookings required, however large groups are encouraged to call your local store.
 For more information go to flowerpower.com.au



HELPING WOMEN TO FIND MEANINGFUL PAID WORK

Step Into Work is a program specially designed for women who want to find meaningful paid work - whether you are seeking employment for the first time, or wish to return to the workforce.

The sessions are led by Step into Work Inc., volunteers with expertise in human resources/recruitment, coaching, planning and stress management.

The program covers practical areas including:

- Matching values, skills and interests to types of work
- Searching and applying for jobs, preparing resumes and cover letters/emails
- Communication skills and interview techniques

It also focuses on building life skills and confidence needed when entering or returning to paid employment:

- Managing the family and work life balance
- Relaxation and stress management
- Developing personal networks and using them effectively

This program is open to women who are able to:

- Understand, read, write and communicate in English without help
- Attend the whole program of 6 sessions

WHERE: Schools as Community Centre, The Meadows Public School, 2C Fuller Street, Seven Hills

WHEN: Monday 5 May to Monday 16 June 2025 (excluding Monday 9 June) (6-week program)

TIME: 9.30am to 12:00pm

CHILD CARE: provided (free)

HOW TO ENROL: Contact **Madhur Vanl**, Local Facilitator, Schools as Community Centre, madhur.vani@det.nsw.edu.au Tel 02 9896 7514

For more information about the program please go to: stepintowork.net

TIMEOUT ZUMBA for Women **FREE!**

A social group designed to enhance health and general well-being for women and their families.

Focus on relaxation, self-care and creativity!

Zumba session (9.15 am-10.00 am) conducted by a qualified instructor.

A fun way to get fit and meet new friends!



When: Every Tuesday (During school term)
Time: 9.15 am-11.15 am
Where: The Meadows SaCC (I Block), The Meadows Public School, Seven Hills.

Some activities:

- Women's health Sessions by professionals.
- Cooking,
- Art and Craft,
- Relaxation sessions
- Step Into Work for women.
- Parenting information sessions



Free Childcare places are available upon request. For more information and Childcare arrangements please call 98967514.

2025 SCHOOL PHOTOS ARE HAPPENING ON THURSDAY 8th MAY
 ORDER ENVELOPES WILL BE SENT HOME IN WEEK 11 AND MUST BE RETURNED BEFORE PHOTO DAY!
 MORE INFORMATION WILL BE SEND VIA SCHOOL BYTES SHORTLY.

THE SCHOOL PHOTOGRAPHER

COMING SOON!

SCHOOL PHOTO DAY

YOUR SCHOOL YOUR STORY

theschoolphotographer.com.au

Term 2 2025 TMPS Community Calendar

Wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S/S
1	28 April Staff Development Day #1	29 April Staff Development Day #2	30 April All Students Return ANZAC Ceremony	1 May	2 May	3 4 May
2	5 May	6 May	7 May Mother's Day Stall	8 May School Photos Day	9 May Mother's Day Afternoon PICNIC	10 11 May
3	12 May	13 May P&C Meeting	14 May	15 May	16 May PSSA Zone Cross- Country Carnival	17 18 May
4	19 May	20 May	21 May	22 May	23 May Winter PSSA - 1	24 25 May
5	26 May	27 May	28 May K-6 Assembly	29 May School Athletics Carnival CV Kelly Park	30 May Programs Due Winter PSSA - 2	31 May 1 June
6	2 June School Athletics Carnival CV Kelly Park BACK-UP Date	3 June	4 June	5 June	6 June Winter PSSA - 3	7 8 June
7	9 June King's Birthday Public Holiday	10 June P&C Meeting	11 June	12 June	13 June Winter PSSA - 4 Year 6 Fundraiser Movie Night	14 15 June
8	16 June Learn to Swim	17 June Learn to Swim	18 June Learn to Swim Kinder Excursion Calmsley Hill Farm	19 June Learn to Swim	20 June Learn to Swim Winter PSSA - 5	21 22 June
9	23 June Learn to Swim	24 June Learn to Swim	25 June Learn to Swim	26 June Learn to Swim	27 June Learn to Swim Winter PSSA - 6	28 29 June
10	30 June Reports Home	1 July SRC Stewart House Fundraiser: Pyjama Day!	2 July K-6 Assembly (Athletics Ribbons)	3 July	4 July Winter PSSA - 7  NAIDOC Day (11.30-2.30)	5 6 July