The Meadows Mag

A vibrant and caring learning community

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Issue 11 - Term 4 - Week 6

THE FEADOLIS
SEVEN HILLS

Friday, 18th November 2022

Office Hours Monday to Friday 8:20am – 3:00pm	Canteen Monday, Wednesday, Friday 8:20am – 1:30pm							
Before & After School Care	Uniform Shop Uniforms are sold in the canteen Monday, Wednesday & Friday 8:20am – 9:00am							
Enrolments can be done online: www.squiggler.com.au/enrol- now/ or for more information contact head office on 1300 778 444	Payment by Cash or cheque at school OR prepay online using MasterCard or Visa							
Calendar								

Important Dates in Term 4, 2022

Week 7

Thursday, 24th November	Ready, Set, Kindy – S4
Friday, 25 th November	PSSA
Week 0	
Week 8	
Tuesday, 29 th November	High School Orientation Day
Friday, 2 nd December	Whole School Performance
Week 9	
Wadnaaday, 7th Dacambar	Whole Cohool Accomply
Wednesday, 7 th December	Whole School Assembly
Friday, 9 th December	Student Leader Elections
Week 10	
Wednesday, 14 th December	Presentation Day
Thursday, 15 th December	Year 6 Grad. Assembly
Thursday, 15 th December	Year 6 Farewell
Friday, 16 th December	Last Day of Term 4
Important Dates	s in Term 1, 2023

Week 2

Tuesday, 31st January

First Day of School for 2023

Education NSW Public Schools

Principal's Message **High Expectations**



So why is this first newsletter article accompanied by the image of a single slice of pizza?

I had a key talk to all students in K-6 this week about the importance of these final 5 weeks of the school year with an analogy that I'll share with our parents too!

When speaking to our students, I compared a whole school year to a pizza. We can divide that pizza up into halves (for each semester), guarters (for each term) and even eighths, representing every 5 weeks. On Monday this week we all commenced 'the last slice of pizza.'

I spoke to our students about the need to really savour the last slice and to give it everything they had to enjoy it and to learn as much as they could before the year comes to a close. I spoke about our high expectations, reminding all that they are now older and more mature than at the start of the year, and with that comes higher expectations. To break that down further, and to strengthen some positive habits to carry forward into 2023, I ask you to reiterate this message, these key points and indeed these goals and challenges at home:

- After today, there's just 20 more school days. Is your child able to attend EVERY day?
- Is your child able to arrive in line, on time at 10 to 9, EVERY day?
- Is your child able to wear their correct school uniform including school hat, EVERY day?
- I have also asked all students to commit to giving their very best effort, particularly in English, Maths and in preparation for our Whole School Performance, working to the BEST of their ability, EVERY day.
- I have also asked all students to commit to maintaining safety and respect for others EVERY day.

The vast majority of our students commit to all of the above every day of the year. However, in my 33 years of teaching, in a variety of settings, that level of commitment has always been hardest to maintain on the 'slippery slope' to the summer holidays! As a collective, we can contribute daily by reminding our children to really savour this final month of school. Once again, this is all about taking positive habits into 2023!

Issue 11 - Term 4 - Week 6

Book Character Parade / Open Day



Super Tuesday celebrations last week were indeed SUPER! Our students and staff looked FANTASTIC in their various book character costumes and we had well over 100 parents along to watch the parade. Congratulations to our Year 6 teachers and students for running a most successful cake stall at recess which continued into lunch. Thanks to who all

contributed cakes, slices and toffees and thanks to all who made a purchase or two!

Following recess our classrooms were open to parents and carers with so many enjoying spending time with their children in their world at school! Finally, a massive thank you to our P&C volunteers for running an excellent BBQ stall and also to all patrons who enjoyed a sausage sizzle or a cold drink! Our Scholastic Book Fair was also a huge success in our Library throughout the week. Proceeds from sales resulted in a very healthy \$770 commission for our school to go towards additional books for our library.

High School Orientation Day

Best wishes to all of our Year 6 students who will head off to their various high schools for High School Orientation Day on Tuesday, 29th November. Our students are heading to a variety of high school settings in the local area and we wish them all the very best.

Disney Dance Concert



Preparations went up another level this week for our highly anticipated K-6 Disney Dance Concert. On Tuesday this week, our classes showed each other their dances for the first time! For the vast majority of our students, this was their

very first performance involving dancing on a stage to a large audience. I'm proud of our students' and teachers' commitment to learning their dances and 'having a go' on the big stage.

The concert will take place at our school on Friday, 2nd December. Ticket request slips were due to be submitted by today, Friday 18th November. A Round 2 offer of remaining tickets will be next week - stay tuned for further information! Tickets will be sent home at a later date.

The Fathering Project

Recently, we became a school in partnership with The Fathering Project, an organisation aiming to improve student wellbeing by engaging fathers and father figures.

This newsletter features the 4th in a series of brief readings for our dads (mums can read too!). The fourth topic is all about Positive Discipline at home.



Students' Fun Page

We always want our students reading their newsletter as much as their parents. To encourage student readership, there's a fun activity at the back of this edition of The Meadows Mag! Check it out, there's some prizes to be won!

Look after each other,

Scott Staveley

Principal



Week 4

Teacher's Awards (2 points)

KH	Pranshul Pryanka	3/4D	Lyriq Neveah-Lea
KT	Joseph Kendall Rose	3/4P	Brooklyn Kris
KY	Nehal Vamshika	3/4R	Malakai Nathaniel
1/2A	Vithushan Harvey	3-6L	Vincent
1/2G	Aadya Corinth	5/6H	Hali Liana
1/2J	Kathleen Micah	5/6S	Ria Zainab
1/2P	Legacy Srithika		





CONGRATULATIONS Award Winners!

Week 5

points)

Teacher's Awards (2

Week 6

Teacher's Awards (2 points)

• •		
KH	Elissa Luke	Ivy-Sheree Meera
KT	Hitharth Sierra	Penny Phoenix
KY	Aahana Sione	Ananya Minha
1/2A	Akshita Riley	Lateesha Rudra
1/2G	Aria Dhyan	Ahmad Summer
1/2J	CJ Keerthan	Divine Kash
1/2P	Sara Therese	Levi Ramaa
3/4D	Jonte Levine	Arpith Shakaya
3/4P	Dylan Nevaeh	Alina Brayden
3/4R	Braxton Shanen	Hadizatu Kamel
3-6L	Michael	Kele
5/6H	Chloe Sydney	Havin Joni
5/6S	Darius Jadeth	Ayushi Arshpreet





K-6 Assembly Award Winners - Week 5

Assistant Prir (3 points)	icipal Awards	(5 points)	ards
Kindergarten	Vasekaran	Kindergarten	Merissa
Year 1	Lorelai	Year 1	Claire
Year 2	Sahaj	Year 2	Autumn
Year 3	Luselina	Year 3	Mackenzie
Year 4	ljaz	Year 4	Jahnira
Year 5	Ghauresh	Year 5	Aakanksha
Year 6	Ilija	Year 6	Shania

Yellow (20 Points)

CJ

Samuel

Autumn

Caitlyn

Therese Krishnavi

Joseph J.

Gold (50 Points)

Mohammed

Darius

Levine

Farida

Kris

Johnathan

Kookaburra Pins

Blue (10 Points) Ovya Hitharth Joseph F. Vasekaran Avery Ben Sierra Azaan Vamshika Aahana Sione Priyanka Merissa RJ Luke W. Mahi Vivienne Acacia Zara Nathaniel Jonte Lyriq S. Neveah-Lea Corbin Cyrus Brooklyn Lexi T. Chloe C.

Purple (30 Points)\

Aariv Liyanne Hadizatu Kamel Joshua

Orange (40 Points)

Katie Aaron R. Mackenzie Charlie

Platinum (60 Points)

Shania Sydney

DOUBLE PLATINUM

Michael Till



STAGE 2 WRAP

We are working hard to practise our Whole School Performance dance. We are getting excellent feedback and praise from our Stage 2 peers!



3/4R on stage



3/4P on stage





Having a go at each other's dances!!!



We are learning about natural and human features in Geography. Stage 2 made beautiful landmark artworks.

Y Hei



Super Tuesday was a blast! Here are some photos from the Book Character Parade.





Issue 11 - Term 4 - Week 6

Friday, 18th November 2022



Education Public Schools



Positive Discipline

Primary School - Essential Topics for Dads



Positive Discipline

Reinforcing Positive Discipline at Home and at School

Every child, no matter what age, is on a journey towards learning to manage their own behaviours, emotions and relationships with others. When your child goes to Primary School, they will be expected to begin to take on more responsibility for themselves and their behaviours. However, as with all learning, some will need more time and support, some will be better at it this than others and all children will all make mistakes sometimes.

Discipline is about helping your child to learn what is acceptable and what is not acceptable at home, at school and in society, and to make good choices about their own behaviours. However, when discipline is carried out using fear or negativity, children don't learn the good behaviours and the social and emotional skills that they need, they just comply with the demands because they are afraid of what will happen if they don't. Positive discipline focusses on teaching and reinforcing the positive behaviours, while supporting your children to learn which behaviours to avoid or change. When you use positive discipline and are consistent with the rules in a warm and caring way, your children will learn you are there to support them and to guide them to make positive choices about their behaviour. It is also very important for your children to know that even if they have made a mistake, misbehaved or broken a rule, you will still love them. For example, "I really love you, but I don't like this behaviour. What can we do to make this better?"



For more information: thefatheringproject.org

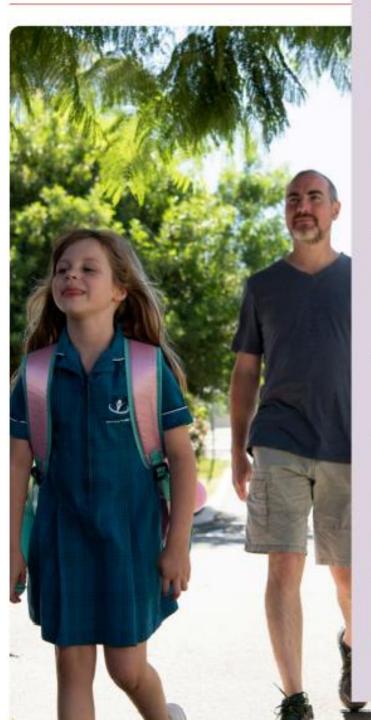


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Positive Discipline

Primary School - Essential Topics for Dads





Top Tips for Dads

- Be warm, calm and firm, when talking about behaviour. Children feel more at ease and secure when they know who is in charge. Fathers who are warm and firm have been found to have the most positive impact on their children's behaviour.
- Decide on family rules and consequences together. Family rules and consequences that are agreed upon in discussion with your children are more likely to be effective and seen as fair. Plus, if they don't follow the rules, you can calmly say "Well, we all agreed on the consequences" and there are no surprises.
- Be consistent. Try to keep consistent boundaries to help your children know where the limits are and when they are crossing the line. For example: "You are being a little bit too rough playing with your friends. Remember, we can still have fun whilst being respectful and nice to others".
- Catch them doing good things. Watch out for your kids doing the right thing by following the rules and heap on the praise and reward for your kids when they are doing the right thing.
- Get in early for potential slip ups. When your child might be going to test a rule, calmly remind them of the possible consequences. For example: "You are taking a while to get ready for bed, remember, if you don't go to bed on time tonight, you will miss out on your screen time tomorrow and that wouldn't be great".
- Focus on the behaviour you want. If your child misbehaves or breaks a rule let them know what they have done wrong, then focus more on the positive behaviour that you want them to do instead. "You know the rule about speaking politely and using manners. What might have been a better way to ask for that?"

For more information: thefatheringproject.org





NEW ENROLMENTS AND STUDENTS NOT RETURNING IN 2023

To assist with planning, staffing, accommodation and other resources for next year, we ask that if you have a child who is due to start Kindergarten in 2023 or know of someone in the area that has a child due to start Kindergarten in 2023, to please make sure any enrolment forms and supporting documents are brought to the school's Administrative Office as soon as possible.

Alternatively, if you know that you will not be returning to The Meadows next year or that you will not be starting till later in the year because of a family holiday, please complete the following form and return it to the school's Administrative Office. If your child is in year 6 it is not necessary to complete this form.

To: The Principal, The Meadows Public School

Signed: (Parent/Guardian)

Pupils	Name:	Class:	Pupils Name:	Class:		
Pupils	Name:	Class:	Pupils Name:	Class:		
LEAVE	RS					
	My child/children will not be attending	g The Meadows Public Scl	hool in 2023.			
Last day of attendance: Moving to (new so						
LATE	RETURNERS					
	My child/children will be returning to T the commencement of Term 1, 2023. (ool on	of return) after		

NSW Department of Education

Calendar 2023



January	February	March	April
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Мау	June	July	August
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September	October	November	December
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24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30

Key dates

Term start and end dates* Term 1 (Eastern): 27 January to 6 April

Term 1 (Western): 3 February to 6 April

Term 2: 24 April to 30 June Term 3: 17 July to 22 September Term 4: 9 October to 19 December

School development days

Term 1 (Eastern): 27 January and 30 January Term 1 (Western): 3 February and 6 February Term 2, 3 and 4: 24 April, 17 July, 18 December and 19 December

School vacation dates

Summer (Eastern): 21 December 2022 to 26 January 2023

Summer (Western): 21 December 2022 to 2 February 2023

Autumn: 10 April to 21 April Winter: 3 July to 14 July

Spring: 25 September to 6 October

Summer (Eastern): 20 December 2023 to 29 January 2024 Summer (Western): 20 December 2023 to 5 February 2024

Exam dates

Selective high school placement test: 4 May

NAPLAN online test window: 15 March to 27 March

* Check with your school as starting and finishing dates may change.

Opportunity class placement test: 27 July

Public holidays



Scan me for practical school tips!

To help your child get the most out of their school year and to explore our resources, check out our going to school hub at education.nsw.gov.au/going-to-school School zone speed limits apply on all school days, including school development days.





Issue 11 - Term 4 - Week 6

Community Noticeboard

The Meadows Public School, as a service to parents, will advertise community events that may be of interest. The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.



Got a fever, cough, sore throat, difficulty breathing, runny nose, loss of smell or taste?



Other COVID-19 symptoms include:

fatigue, acute blocked nose (congestion), muscle pain, joint pain, headache, diarrhoea, nausea, vomiting, loss of appetite, unexplained chest pain and conjunctivitis.

Get tested and self-isolate until you get a negative result.

Avoid contact with others until you feel better.

For latest information visit: www.nsw.gov.au/covid-19



Be a road safety hero for school kids, caregivers, and school staff.



Be a second set of eyes for local motorists at busy times.



NSW

Earn an income and still have time to live your life to the fullest.

- give clear instructions.
- Community-minded.
- Friendly and positive manner.

Days and hours

 Shifts will fall between 8:00 am -9:30 am and 2:30 pm -4:00 pm, Monday to Friday during school terms with a minimum of one hour shift as required

Apply today

jobs.transport.nsw.gov.au

Applications close Sunday 4th September 2022

Visit jobs.transport.nsw.gov.au and search for <u>Reference</u> <u>Number: 72103</u> or search 'School Crossing Supervisors' for a full list or vacancies or scan the QR code to apply.

For further information, contact Manisha Bains E: <u>manisha.bains@transport.nsw.gov.au</u> P: 0435 649 967



TIMEOUT ZUMBA

A social group designed to enhance health and general well-being for women and their families. Focus on relaxation, self-care and creativity!

Zumba session (9.15 am-10.00 am) conducted by a qualified instructor. Fun way to get fit and meet new friends!

When: Every Tuesday (During school term)

Time: 9.00 am-11.00 am

Where: SaCC Room (I Block) School as Community Centre

Some activities:

- Mindfulness sessions
- Cooking,
- Art and Craft,
- Guest speakers,
- Learning new skills 🤇

Free Childcare places are available upon request. For more information and Childcare arrangements please call 98967514.



Name: _____



Students Fun Page DISNEY Character Search!



Can you find all of the DISNEY characters?

If you find them all, bring in the finished find-a-word to Mr Staveley by next Friday to go into the draw for a range of special student prizes!

next finday to go into the draw for a range of special student prizes:																			
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J	E	Ι	L	L	ο	R	0	~	L	Ν	w	А	G	Α	Ι	М	R	В	М
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The left-over letters will spell out a mystery task!																			
			_																



1.

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