

The Meadows Mag

A vibrant and caring learning community

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Website: www.themeadows-p.schools.nsw.edu.au



Issue 7 - Term 2 - Week 10

Friday, 25th June 2021

Office Hours

Monday to Friday
8:20am - 3pm

Canteen

Monday, Wednesday, Friday
8:20am - 1:30pm

Before & After School Care



Enrolments can be done online:
www.squiggler.com.au/enrol-now/ or for more
information contact head office
on 1300 778 444

Uniform Shop

Uniforms are sold in the canteen
Monday, Wednesday & Friday
8:20am - 9am

Payment by
cash & cheque
at school
OR
prepay online using
MasterCard or Visa



Calendar

Important Dates in Term 3, 2021

Week 1

Monday, 12 th July	Staff Development Day
Tuesday, 13th July	ALL STUDENTS RETURN
Tuesday, 13 th July	Dance Fever
Wednesday, 14 th July	SISA – K-2
Thursday, 15 th July	School Athletics Carnival
Friday, 16 th July	Winter PSSA

Week 2

Tuesday, 20 th July	Dance Fever
Wednesday, 21 st July	SISA – 3-6
Thursday, 22 nd July	Athletics Carnival Back Up
Friday, 23 rd July	Winter PSSA

Week 3 – EDUCATION WEEK

Monday, 26 th July	Backflips Against Bullying
Tuesday, 27 th July	Dance Fever
Wednesday, 28 th July	SISA – K-2
Thursday, 29 th July	Education Week Open Day
Friday, 30 th July	Winter PSSA

Principal's Message

Congratulations Mrs O'Neil – It's a Boy!

Congratulations to Mrs Alyssa O'Neil and her husband Tom who last Saturday 19th June welcomed a beautiful baby boy, Lachlan David O'Neil, a brother for Xavier. We wish the O'Neil family all the very best at this most special time!



Staffing News

We also wish Miss Dominica Simmons all the best as she commences her maternity leave, awaiting the birth of her first child!

We extend a warm welcome to our new permanent teacher, Miss Sophia Goustavsky, who has commenced her teaching career at The Meadows and will teach 5/6S for the remainder of the year.

Student Progress Reports

Every child present at school yesterday received their Semester One Progress Report. Accompanying the report was a Learning Goals page for your child. Please find the time to read through your child's report and their learning goals for Term 3 and to discuss these with your child. If you have any concerns regarding your child's report or progress, please contact your child's teacher at the beginning of Term 3 to arrange an appointment.

NAIDOC Day



We certainly enjoyed a wonderful celebration of NAIDOC Day on Tuesday! Our 34 Aboriginal students and their 244 peers enjoyed a special day of Aboriginal culture including a smoking ceremony, mural painting, ochre face painting, story-telling, dance, rock painting, weapons and artefact talks and virtual reality learning through technology!

Special thanks to Mrs McKnight, Miss Sammut and Miss Vanessa for their excellent organisation, Mr Haynes and Miss Reyes for running Virtual and Augmented Reality Aboriginal Education experiences, our special visitors Charlie and Etta from Koori Kinnections, our wonderful visitors from the local Wolkara Elders Group including Aunty Stella, Uncle Elvis and Uncle Toddy, our wonderful P&C volunteers (Mindy, Mel, Megan and Ange) for assisting with the BBQ, Miss Choy for taking plenty of great photos, all of our teachers for everything you do and, ESPECIALLY, all of our students for really getting into the spirit of the day and being praised time and time again for your behaviour and polite manners by all of our visitors!!

Winter Holidays and Screen Time

As we head into the two-week Winter holiday, I urge all families to have a think about the amount of 'screen time' your child will be allowed to access across the fortnight.



The potential negative effects of excessive screen time include, but are not limited to, childhood obesity, poor social skills and inadequate sleep. Concerns about these potential negative effects have led to recommendations about placing limits on children's screen time. For example, the Australian Government, as part of its physical activity and sedentary behaviour guidelines for children aged 5-12 years recommends that electronic media use for entertainment purposes be **limited to a maximum of 2 hours per day**.

Unfortunately, the 'weekend' average screen-time for a primary school aged child in Australia is 4-5 hours per day with 2-3 hours per weekday. As the school holidays are just like 'a weekend every day' this could mean your child could potentially spend up to 80 hours across the next fortnight looking at a television, an iPad, a computer screen or a mobile phone.

Let's consider some alternatives to get the balance right! Reading, sports and physical activities, family outings, cooking with mum or dad at home, gardening, chores around the home! The list is really endless. What can you put in place at home to reduce screen time to 2 hours per day?

Attendance News!

At the time of writing, we still have **19 wonderful students** across K-6 who have maintained PERFECT attendance across the first 2 terms of the school year with **ZERO absences and ZERO late days!** Congratulations to all! Keep it up! Who can stay 'perfect' until the end?

A target rate of attendance for **EVERY child** is a **minimum attendance rate of 90%**. This only allows for one day of absence every fortnight. While 90% may 'sound' good, a child with a 90% attendance rate will still miss 20 days per school year or 140 days (almost 3 terms of education) across their primary school (K-6) education. Therefore it is the minimum we expect.

At this point in time, **220 of our 278 students are on target and above 90%**. We need to work collectively to continue this great start and move the 58 students below 90% into the 'on-target' group!

If your child is absent from school, please ensure you provide a note explaining the absence upon your child's return. Parents and carers who fail to do so will be issued with an Unexplained Absence note to return to school.

Additionally, if your child is late to school without an explanation, your child will be issued a note informing you of the unexplained late arrival to school. Let's work together to make a difference this year. "In line, on time, at 10 to 9!"

Term 3 Planner

A Community Calendar is included in this newsletter with all of the key dates to look out for heading into Term 3. Pop it up on the fridge or 'noticeboard' at home!

Students return to commence Term 3 on Tuesday 13th July, following a pupil-free day on Staff Development Day. We wish everyone a safe and relaxing Winter holiday break!

Children's Fun Page

Congratulations to Smit Kawle of class 1/2L who won a \$50 Hoyts Movie Gift Card as the lucky winner drawn out of all entries in the previous newsletter's Find-A-Word activity.

We have another opportunity for students to win prizes in this edition of The Meadows Mag! Boys and girls, head straight to the back page for more information about a Reading Challenge to keep you busy during the holidays.

Look after each other,

Scott Staveley

Principal



When: Every Wednesday
Time: 9:30am to 11:00am
Where: 97 Best Rd Seven Hills
Cost: Gold Coin Donation

All welcome

Contact Kathryn: english@sevenhillchurch.com.au



CONGRATULATIONS Award Winners!

Week 7

Teacher's Awards (2 points)

KH	Micah Dhyhan
KP	Acacia Kaiya
KS	Laura Henip
1/2C	Aaditya Nagul
1/2L	Autumn Lateesha
1/2O	Riley Samuel
1/2P	Keerthan Brayden
2/3A	Cyrus Shu Chen
3/4R	Levine Luke
4T	Joanna Brooklyn
3-6P	Lauren
5/6D	Trinley Sydney
5/6H	Aiden Disha
5/6S	Mohammed Ria

Week 8

Teacher's Awards (2 points)

KH	Thanush Tori
KP	Biaan Vivienne
KS	Mannat Zara
1/2C	Shehnoor Krisha
1/2L	Joseph Srithika
1/2O	Kristina Mahli
1/2P	Mele Lyriq
2/3A	Shamel Agastya
3/4R	Jahnira Sophia
4T	Sanah Isla
3-6P	Monika
5/6D	Myah Aiden
5/6H	Jovan Vinoth
5/6S	Shania Delilah





CONGRATULATIONS Award Winners!

Week 9

Teacher's Awards (2 points)

KH	Leah Claire
KP	Baani Kesar
KS	Diana Samar
1/2C	Preety Nayte
1/2L	Prakhar Havish
1/2O	Sahajvir Dominic
1/2P	Sienna Joshua
2/3A	Mackenzie Aaron
3/4R	Katie Dhruv
4T	Ackland Raagavi
3-6P	Kele
5/6D	Jasmine Lachlan
5/6H	Anthony Logan
5/6S	Ayushi Chloe

Week 10

Teacher's Awards (2 points)

KH	Charlotte Shivaansh
KP	Lavani Viaan
KS	Aria Feleti
1/2C	Hadizatu Jasmin
1/2L	Smit Adharna
1/2O	Seth Kash
1/2P	Karma Kirralee
2/3A	Malakai Parisha
3/4R	Adhavan Samara
4T	Peyton Bruno
3-6P	Michael
5/6D	Shaza Havin
5/6H	Mason Kaleisha
5/6S	Kane Jaxon

At The Meadows we are Safe, Responsible Learners !

K-6 Assembly Award Winners - Week 10

Assistant Principal Awards (3 points)

Kindergarten	Caitlyn
Year 1	Akshita
Year 2	Pellen
Year 3	Kele
Year 4	Dwij
Year 5	Maleah
Year 6	Rettalia

Principal Awards (5 points)

Kindergarten	Micah
Year 1	Awan
Year 2	Brian
Year 3	Hriya
Year 4	Edward
Year 5	Japhia
Year 6	Taylen

Kookaburra Pins

Blue (10 Points)

Kris
Ahmad
Joseph
Lauryn
Sophia
Peyton

Senaya
Riley
Prakhar
Dhvani
Hriya
Edward

Yellow (20 Points)

Sam
Ankur

Purple (30 Points)

Zac
Sharlese

Orange (40 Points)

Gold (50 Points)

Platinum Taylen

Excursions & Activities in Progress

Excursion/ Activity	Date of excursion/ activity	Amount due	Payment due by
Sport in Schools	Every Wednesday	\$30	Please pay immediately
5/6 Camp Canberra	18 th – 20 th August	\$100 - 3 rd Instalment	Friday, 25 th June



Term 2 in KH

We've had another super busy but productive term in KH.

We have learnt all about different Australian animals, what they look like, what they eat and where they live.

We even got to see some of them in real life during our excursion to the zoo.

We have been working hard on our reading, writing and numeracy.

Making our own animals using boxes was lots of fun too!

We can't wait for all the exciting learning and events in Term 3!

Term 2 in KP



Visiting the zoo to learn about animals!



We wrote facts about Australian animals and shared our writing.

We created repeating patterns using counters, and used a 'copy and paste' feature on an app to create repeating patterns digitally.

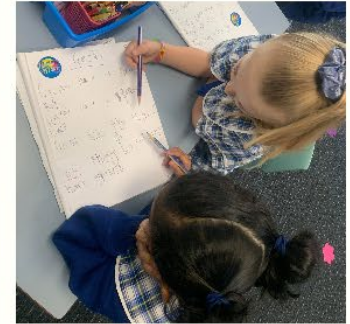


"How many people can we share 12 cookies with?" We explored making equal groups.



TERM 2 IN KS!

We have been so busy this term! We wrote information reports about lots of different animals and shared our writing with other classes.



We visited Sydney Zoo to visit all of the animals we have been learning about.



We made rekenreks to explore addition & subtraction.



We have had fun playing outside and learning new games with 4T.



In term 2 we visited Sydney Zoo! Students had lots of fun learning about living things and their needs. Students were able to walk around the entire zoo and see animals in their habitats.





In Mathematics we have been exploring how we can represent numbers in a range of different ways using hands on materials. We have participated in whole class and group activities where students use a structure to help them identify a specific number.



TURN OFF SCREENS + get active!

Screens can be great for learning, play and communication. Too much screen time can be unhealthy. Try to sit less and move more.



This resource has been developed by Western Sydney Local Health District, published November 2018

Free English Conversation Classes

You can learn English that you can use everywhere, everyday!

Practice your English conversational skills!

This class is designed to allow adult English language learners to speak in an informal, relaxed atmosphere.

Lets Talk

When: Every Thursdays during school terms

Time: 9:15 am – 10:45 am

Come and join us at : The Meadows Schools as Community Centre
(located at The Meadows Public School, I Block)

Limited free child care places are available upon request.

For More information Please call on 98967514

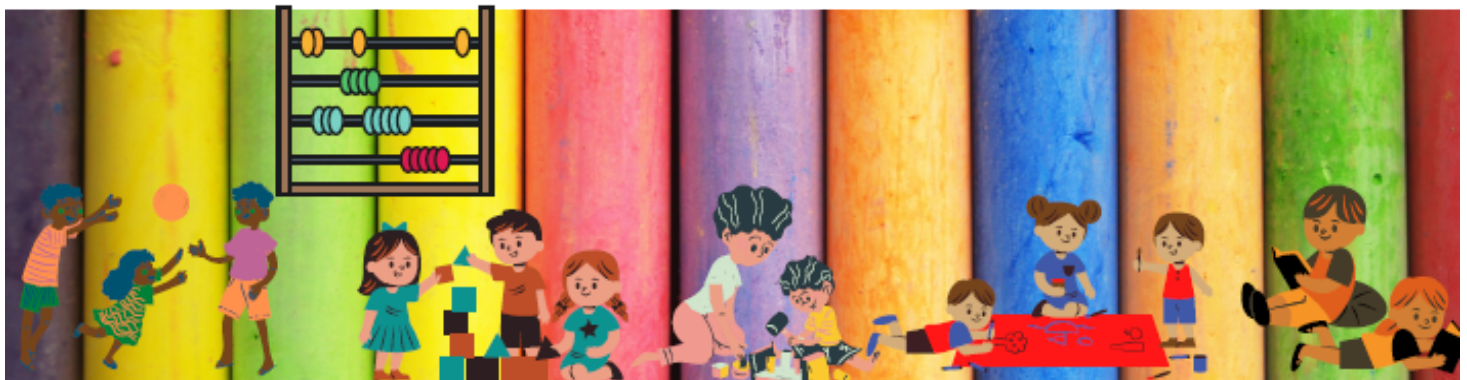


Kindy Playmates Playgroup



**Playgroup is for the children starting
Kindergarten in 2022.**

This program will introduce parents/carers and their child/ren to a structured and fun learning routine to prepare them for a smooth transition into school.



When: Every Monday During School Term.

Time: 10.00 am to 11:30 am

Where: The Meadows Schools as Community Centre

(located in the grounds of The Meadows Public School, Seven Hills – Block I)

Cost: Free



A parent/carer will need to accompany the child and be actively involved in guiding their child for some of the activities.

To secure a place for your child, please contact
Madhur on 9896 7514 / Madhur.vani@det.nsw.edu.au.

The Project is funded by NSW Department of education.

Term 3 Community Calendar 2021 - The Meadows Public School

W k	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S/S
1	12 July Staff Development Day	13 July All Students Return P&C Meeting Dance Fever	14 July Sport in Schools Australia K-2	15 July School Athletics Carnival CV Kelly Park	16 July Winter PSSA Round 8	17 18 July
2	19 July	20 July Dance Fever	21 July Sport in Schools Australia 3-6	22 July School Athletics Carnival BACK-UP Date	23 July Winter PSSA Round 9	24 25 July
3	26 July Education Week Backflips Against Bullying Incursion	27 July Westpoint Performances (Dance / Choir) Dance Fever	28 July Sport in Schools Australia K-2	29 July Education Week OPEN Day 12.15 - Open Classrooms 1.00 - Lunch	30 July Winter PSSA Round 10	31 July 1 August
4	2 August	3 August Dance Fever	4 August Sport in Schools Australia 3-6	5 August	6 August Winter PSSA Round 11	7 8 August
5	9 August ICAS Writing ICAS Digital Technologies	10 August Dance Fever P&C Meeting	11 August Sport in Schools Australia K-2 Blacktown Festival of Performing Arts (BFOPA) Rehearsal	12 August K-6 Assembly	13 August Winter PSSA Round 12	14 15 August
6	16 August ICAS English	17 August Dance Fever	18 August Stage 3 Canberra Excursion Zone Athletics Carnival Sport in Schools Australia K-2	19 August Stage 3 Canberra Excursion	20 August Stage 3 Canberra Excursion Winter PSSA Round 13	21 22 August
7	23 August ICAS Science ICAS Spelling BOOK FAIR	24 August Dance Fever	25 August Book Week Character Parade Sport in Schools Australia 3-6	26 August Special Groups Photo Day	27 August Winter PSSA Round 14	28 29 August
8	30 August ICAS Maths	31 August Dance Fever BFOPA Performance	1 September Sport in Schools Australia 3-6	2 September Fathers' Day Stall - 11.30am	3 September Fathers' Day Big Brekky NO PSSA	4 5 Sept
9	6 September	7 September Dance Fever	8 September Sport in Schools Australia K-2	9 September Multicultural Day 	10 September Summer PSSA Round 6	11 12 Sept
10	13 September	14 September P&C Meeting	15 September Sport in Schools Australia 3-6	16 September K-6 Assembly	17 September Summer PSSA Round 7	18 19 Sept

Community Noticeboard

The Meadows Public School, as a service to parents, will advertise community events that may be of interest. The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.



parent, carer and community member mental health education sessions

headspace National is hosting free mental health education sessions across identified regions in NSW, on ways to support a young person when they are concerned about their mental health.

The sessions aim to:

- Strengthen your understanding of mental health and the warning signs for suicide and self-harm
- Strengthen understanding and skills in how to cope and where to find help
- Build awareness of local services and various support and referral services available
- Build relationships between local area mental health services, local schools, headspace centres and other community organisations.

How do I register?
Type the below URL in a web browser to locate sessions in your community:

<https://bit.ly/2Nm5cRh>

Need more information? Please email:
headspaceSchools@headspace.org.au

Proudly funded by the NSW Government and delivered by headspace National Youth Mental Health Foundation Ltd.



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health



BEST ROAD MEDICAL CENTRE

COMPASSION • CARE • COMMITMENT

medicare
Bulk Billing



FOR APPOINTMENTS
Call (02) 9631 7200 or Book Online

Corner of Best Road and Mackenzie Blvd Seven Hills
www.bestroadmedical.com.au

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- Autism Spectrum Disorders
- Speech Difficulties
- Articulation
- Learning difficulties
- Self esteem
- Intellectual disabilities

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treatment for
your child

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University of Newcastle

• Bachelor of Speech and Hearing Sciences
Macquarie University

**Ashwini
Thirukumaran**

To Book appointment
Please call (02) 9631 7200

BEST ROAD MEDICAL CENTRE

Corner of Best Road
and Mackenzie Blvd Seven Hills
www.bestroadmedical.com.au



Name: _____

Principal's Reading Challenge!

Try to read for 10 minutes a day, for 10 days, giving you 100 minutes of reading in total!

[illegible]