

The Meadows Mag

A vibrant and caring learning community

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Issue 7 - Term 2 - Week 4

Friday, 24th May, 2019

Office Hours Monday to Friday 8:20am - 3pm	Canteen Monday, Wednesday & Friday 8:20am - 2pm
Before & After School Care  Enrolments can be made online at: www.squiggler.com.au/enrol-now/ or for more information contact head office on 1300 778 444	Uniform Shop Uniforms are sold in the canteen Monday, Wednesday & Friday 8:20am - 9am Payment by cash & cheque at school OR prepay online using MasterCard or Visa 

Calendar

Important Dates in Term 2, 2019

Week 5

Monday, 27 th May	Sport in Schools (K-2)
Wednesday, 29 th May	K-6 Assembly
Friday, 31 st May	Winter PSSA Round 1

Week 6

Monday, 3 rd June	Sport in Schools (3-6)
Wednesday, 5 th June	BFOPA Choir Rehearsal
Friday, 7 th June	Winter PSSA

Week 7

Monday, 10 th June	Queen's Birthday Public Holiday – Long Weekend
Tuesday, 11 th June	P&C Meeting
Friday, 14 th June	Winter PSSA

Week 8

Monday, 17 th June	Sport in Schools (K-2)
Tuesday, 18 th June	Stage 2 Sea Life Excursion
Friday, 21 st June	Winter PSSA

Principal's Message

Cross Country Star!

Congratulations to all of our school representatives who participated in last Friday's Seven Hills / Wentworthville Zone Cross Country Carnival at Glenwood. We had some strong performances on the day but no star shone brighter than Zuhail from 3-6L. Zuhail finished 6th in a field of approximately 100 runners in the 12 years girls 3000m event to earn a place on the zone team at the Sydney West Regional Championships on Wednesday 12th June. We wish Zuhail every success in her next big challenge. Thanks to Mr Hobby and Mrs O'Neil for the management of our team on the day.

NAPLAN

The annual NAPLAN assessments for students in Years 3 and 5 are over for another year. A big thank you to Mr Haynes and Miss Baharoglu for their coordination of our NAPLAN program. With the exception of Year 3 Writing, all of our NAPLAN tests were completed online this year. The mainstream media reported numerous issues with the NAPLAN online platform, yet thankfully, any problems we encountered at The Meadows were very minor with some students just needing a 5 minute extension on one of the tests. Results for the 2019 NAPLAN assessments will be made available to parents in the second half of Term 3.

School Uniform

With the onset of much cooler mornings, we have the need to dress for the weather in jackets and jumpers. Unfortunately, I have noticed a large number of students dressed in jackets and jumpers which are not our uniform and not our school colours. To be precise, 47 students were not in full uniform when I randomly checked every class last Wednesday. Our winter uniform range is in good supply in our Uniform Shop at the canteen, open every Monday, Wednesday and Friday from 8:20am. V-neck fleecy sloppy joes are \$22 each, fleecy zip-up jackets are \$24 each and microfibre jackets are \$35 each. Alternatively, you may wish to purchase plain royal blue jackets and jumpers from Best & Less or K-Mart at lower prices, yet without the embroidered school crest.

Aside from the incorrect jackets and jumpers, I have noticed a large number of students attending school without the TMPS school baseball cap. These are just \$10 each, a much lower cost than the brand-name hats being worn by a number of students. An additional piece of 'winter headwear' was introduced last year. We still have a good supply of fleecy beanies at the canteen for just \$8 each.

We promote the wearing of correct school uniform at The Meadows as this practice fosters school pride, school identity and a sense of community. Please ensure that your child is always dressed in full school uniform. I appreciate your support and cooperation as we work together to ensure a proud school community.

School Road Safety

Unfortunately, a number of parents have reported to me incidences of unsafe parking, picking up and dropping off of students in the morning and afternoon at both Fuller Street and Carrington Street entrances. I have communicated this to the local police and have requested their assistance whenever possible between 8:30-8:50 and 2:40-3:00pm each day.

I will be posting a series of pages in this and upcoming newsletters in regards to road safety around school. Please read through these with your children in an effort to maximise the level of road safety in and around The Meadows Public School.

Friday, 14th June – A Night for All – Movie for the Kids, Cyber-Safety for the Parents!

Every year, our Year 6 students and teachers embark on a mission to raise enough funds through the year to make the Year 6 Farewell a 'free' event. The major fundraiser event this term will be the traditional 'Kids' Movie Night' in the hall. The movie night for all K-6 students will be held on Friday, 14th June, three weeks from today. A separate note will be sent home next week. Also booked in on the same night, we will have a special guest speaker for all parents. Our Police Youth Liaison Officer, Senior Constable Nathan McDonald will be presenting an informative talk on Cyber Safety for your children at home. Nathan presented a similar talk in 2017 and the online and social media world has changed in the past two years meaning this presentation is a must for every parent in our school. This Cyber-Safety session will conveniently run from 5:30-6:45pm, while our students are attending the movie session. The parent session will also be catered with pizza on the menu!



Parent / Teacher / Student Interviews

An early reminder that we have Parent-Teacher-Student Interviews coming up later this term. Students in Years 1-6 will have interviews in Week 10 on Tuesday, 2nd July and Wednesday, 3rd July. However, due to Mrs O'Neil's upcoming maternity leave, interviews for all Kindergarten students will take place in Week 7 on Tuesday, 11th June and Thursday 13th June between 3.00pm and 6.00pm each afternoon. Interview scheduling notes will be sent home to Kindergarten students on Tuesday.

Students' Fun Page & Reader's Prize

In an effort to increase the readership of our newsletter, I once again offer a Reader's Prize. A Students' Fun Page can be found towards the back of the newsletter. Children, you have until next Friday, 31st May to complete the activity and return it to the office to go into the draw to win a Hoyts Movie voucher!

Look after each other,

Scott Staveley

Principal

Excursions & Activities in Progress

Excursion/Activity	Date of excursion/activity	Amount due	Payment due by
Sport in Schools	Every Monday	\$20	Immediately
Winter PSSA	Fridays in Terms 2 & 3	\$40 for Terms 2 & 3	Immediately
Synergy Dance Rehearsal	Thursday, 6 th June	\$12	Monday, 3 rd June
Synergy Dance Festival	Thurs, 6 th & Wed. 12 th June	Tickets are on sale now at www.ticketek.com.au	
Aquarium Excursion Stage 2	Tuesday, 18 th June	\$20	Tuesday, 11 th June
Muru Mittigar Excursion Stage 1	Thursday, 27 th June	\$15	Friday, 21 st June
Yr 5/6 Canberra Camp	28 th – 30 th August	\$100 – 2 nd Instalment	Friday, 31 st May



CONGRATULATIONS Award Winners!

Week 3

Teacher's Awards (2 points)

KO Dylan
Hadizatu

KR Dheav
Kamel

1/2L Ackland
Brooklyn

1/2R

1/2S Kashvi
Sukhleen

3/4B

3/4H Paker
Shania

3/4J Decoda
Rayan

3-6L

5/6D Dylan
Jhayde

5/6H

5/6S Naomi
Raina

Week 4

Teacher's Awards (2 points)

KO Crystal
Ravi

KR Chris
Sam Z

1/2L Sanah
Ysabelle

1/2R

1/2S Mele
Mina

3/4B

3/4H Habishan
Maleah

3/4J Faizan
Kaleisha

3-6L

5/6D Kaylee
Thivakar

5/6H

5/6S Riley
Anna

**At The Meadows we are
Safe, Responsible Learners !**



"In Line, On Time, at 10 to 9!"

Our little rhyme at The Meadows works for about 94% of our students. However, we are averaging 13 late students every single day!

Having a medical appointment (with a certificate) is a fair excuse for being late. However, in recent weeks, some of the unjustified excuses being offered to our office staff have included the following:

"Mum forgot there was school"

"I slept in"

"I went to the shop before school"

"I woke up late"

"My parents forgot to wake me up"

"I was eating breakfast"

"I couldn't find my shoes"

"My brother/sister was walking slow."

"I was playing the PlayStation."

Being punctual is a life skill. Being on time earns students the respect of teachers and peers. So much vital learning in Literacy commences first thing in the morning. Please ensure that your child is ALWAYS "In line, On Time, at 10 to 9!"

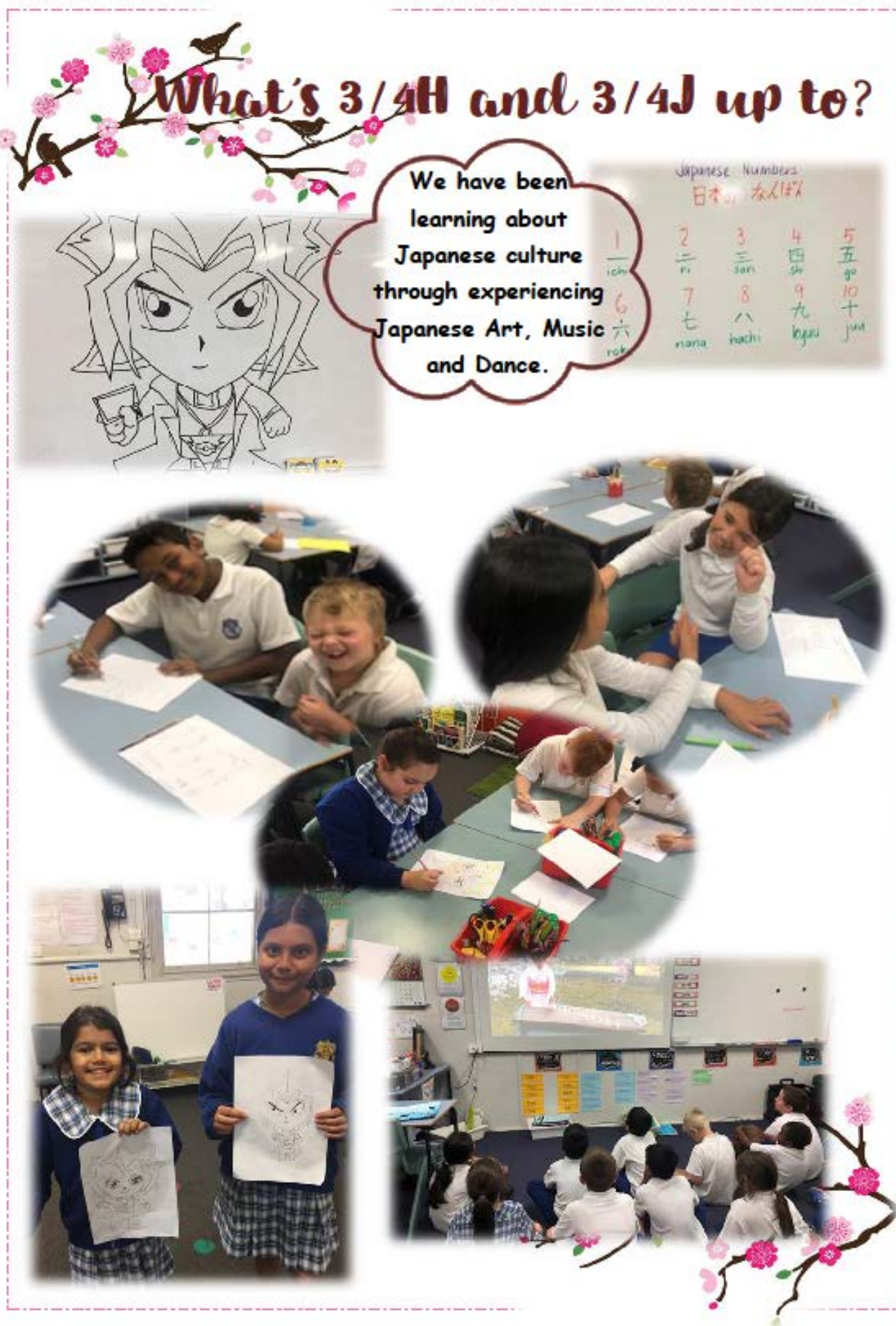


CommonwealthBank



School Banking

is on Wednesday





Community Noticeboard

The Meadows Public School, as a service to parents, will advertise community events that may be of interest. The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events



Free GetStarted Zumba

A Social Group for Women

GetStarted Zumba is a social group designed to enhance health and general wellbeing for women and their families.

Zumba classes (9:15am - 10:15am) are designed for all levels and are led by a qualified Zumba instructor. It is a fun way to keep fit and meet new friends, share ideas and experiences, learn new skills and receive relevant information!

Social group (10.15am - 11:30am), we focus on relaxation, self-care and creativity. Some of the activities we do include: mediation, floral arranging, art and craft, we have guest speakers, or sometimes just chat over a cup of coffee.

When: Tuesdays

Time: 9:00am - 11:30am

(Zumba 9:15am - 10:15am)

Where: Meet in SaCC Room (Block I)
(in the grounds of The Meadows
PS, Fuller Street, Seven Hills)



Limited free child care places are available upon request. Please phone for child care arrangement or just show up on the day if child care is not required.



For more information, please
phone 9896 7514.

TURN OFF SCREENS + get active!

Screens can be great for learning, play and communication. Too much screen time can be unhealthy. Try to sit less and move more.

TIPS TO MANAGE SCREEN TIME

 Eat together as a Family. No screens at meals for parents and kids.	 Before screen time - help play outdoors, read and enjoy family time.	 No screens in bedrooms, especially at night.
 Take toys or books instead of screens when going out.	 Monitor kids screen time. Set limits if needed.	 Sit less. Move more. Move every hour.
 Help kids sleep. Stop using screens 1 hour before bed.	 Parents - be a good role model. Reduce your screen time too.	 Dance to music or play video games that get you on your feet.

NSW GOVERNMENT **MAKE HEALTHY NORMAL**

The resource has been developed by Western Sydney Local Health District, published November 2018

The Meadows Supported Playgroup

A Free Playgroup for families with children from 0 - 5

Early Childhood Specialist provides onsite support for parents.

Playing helps learning – Playing is children's work

Playgroup is a place designed to provide the opportunity for children to play, interact with other children, develop social skills and enhance early childhood development before they start school.



Games, Outdoor play, Story time, Excursions, and lots more!

Come along and enjoy the playgroup with other Parents and Children in a friendly environment!

Grandparents, uncles, aunties and caregivers are all welcome.

Where: The Meadows SaCC Community Centre
(Located at Fuller Street on the school grounds
of The Meadows Public School Block I)

When: Friday 9am-11am Or Wednesday 9.30am - 11.30am

For more information, please phone 9896 7514. Or, simply turn up on the day.

Lost Property

If your child has lost a jumper or hat, the first place to check is their classroom.

If it is not in their classroom then all clothing items that have been left in the school will be in the Lost Property Box which is out the front of the Hall each morning and afternoon (or on Mrs Dawson's 5/6D verandah).

The office has a small amount of keys & glasses that have been left at the school and remain unclaimed.

Please make sure that ALL items that your children bring to school are labelled. This includes clothes, hats, lunch boxes and drink bottles.





CIRCLE OF SECURITY

The circle of Security is a relationship based early intervention program designed to enhance attachment security between parents and children.



The aim of this program is for parents and carers to:

- ♦ Become more aware of their child's needs.
- ♦ Understand how children communicate needs through their behaviour.
- ♦ Expand parenting choices.
- ♦ Strengthen relationships with children.

When: Monday 03/06/2019—01/07/2019

Duration :1 morning a week for 4 weeks

Time: 09:30am – 12:30pm

Who :Parents & Carers

Where: The Meadows Public School
2C Fuller St ,Seven Hills

Cost: **FREE**

Please keep the top part and return the following reply slip to the school office for registration. For more information call 98967514.

CIRCLE OF SECURITY Registration Reply Slip

Name of Parent /carer _____

Email address _____

Contact Phone Number _____ Mobile _____

Do you require childcare ? yes/No (please circle)

Name Child 1.) _____ Age _____ Child 2.) _____ Age _____

Parent/ caregiver's Signature _____ Date _____



Keeping your children safe when dropping off and picking up at school

Here are a few things you can do to help keep your children and others safer during drop-off and pick-up times during the school week:

- Make sure your children are fastened in the correct child car seat for their age and size and that it is fitted correctly.
- Stick to the 40km/h speed limit in a school zone and look out for children who may be about.
- Watch for flashing lights on buses. They let you know that there may be children crossing or about to cross the road. A 40km/h limit applies when school bus lights flash.
- Always give way to pedestrians particularly when entering and leaving driveways.
- Always park and turn legally around schools. Manoeuvres such as U-turns and three-point turns are dangerous during busy school drop-off and pick-up times.
- Drop your children off and pick them up on the school side of the road in your school's designated drop-off and pick-up area. Never call out to them from across the road – they may run to you without checking for traffic.
- It's safest for children to get out of the car through the Safety Door, away from passing traffic. This is the rear footpath side door of the car.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au



Lives lost on NSW roads.
Our goal is zero.



Road safety

Walking together safely to and from school

Walking to school and back home again is a great way to spend time with your children and encourage safe and healthy behaviours.

Here are a few things you can do to help keep your children safer as a pedestrian:

- Talk with your children about being alert in the road environment.
- Plan and practice your trip to school so you use pedestrian crossings where possible.
- Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
- Meet your child near the school gate and don't call them from across the road.
- Explain why the place you have chosen is the safest place to cross.
- Remind your child to **STOP! LOOK! LISTEN! THINK!** every time they cross the road and keep checking until safely across.
- Talk to them about why they should stop, look, listen, think before crossing a driveway, road or carpark.

Young children can learn and practice these safe pedestrian behaviours with you. This will help them to be safer pedestrians when they are old enough to travel alone.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au



Messages to share with your children in Kindergarten to Year 2

- Hold a grown up's hand when:
 - you cross the road
 - you're on the footpath
 - you're in a car park

Messages to share with children in Years 3 to 6

- Use a safe place to cross the road
- **Stop! Look! Listen! Think!** every time you cross the road and keep checking until safely across

STOP!
one step back from the kerb

LOOK!
continuously both ways

LISTEN!
for the sounds of approaching traffic

THINK!
whether it is safe to cross and keep checking until safely across



Lives lost on NSW roads.
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Name: _____



Students Fun Page

SPORTS Word Search!

Can you find all of the words linked to Sports at The Meadows?

If you find them all, bring in the finished find-a-word to Mr Staveley by next Friday to go into the draw for a range of special student prizes!

L	A	S	O	C	C	E	R	Y	T	U	T	B	R	E
L	A	C	D	R	E	D	E	E	C	N	R	F	U	E
F	G	W	H	A	I	A	J	L	U	I	A	K	G	R
A	L	M	S	N	O	W	P	L	D	F	I	N	B	E
Q	R	S	S	O	T	S	U	O	N	O	N	O	Y	F
V	P	W	X	Y	N	O	Z	W	O	R	I	S	L	E
H	O	B	B	Y	A	N	B	C	C	M	N	R	E	R
D	G	L	E	A	G	U	E	-	T	A	G	E	A	E
F	O	G	H	K	E	N	D	A	L	L	I	T	G	L
O'	R	H	A	Y	N	E	S	C	J	K	L	A	U	L
N	D	M	N	O	P	E	Q	R	O	S	T	P	E	A
E	O	U	V	W	U	F	R	I	D	A	Y	X	Y	B
I	N	Z	A	L	B	G	R	E	E	N	C	C	D	T
L	A	M	B	E	T	H	E	F	G	H	I	H	J	E
S	P	O	R	T	S	M	A	N	S	H	I	P	K	N
L	M	N	H	A	N	D	S	H	A	K	E	S	O	P

LAWSON	SOCCER	COACH
GORDON	LEAGUE-TAG	TRAINING
KENDALL	NETBALL	PSSA
PATERSON	RUGBY LEAGUE	REFEREE
BLUE	HOBBY	FRIDAY
GREEN	LAMBETH	CONDUCT
RED	O'NEIL	UNIFORM
YELLOW	DAWSON	HANDSHAKES
AFL	HAYNES	SPORTSMANSHIP