

The Meadows Mag

A vibrant and caring learning community

2C Fuller Street, Seven Hills NSW 2147 T 9631 3737 F 9896 3281

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Website: www.themeadows-p.schools.nsw.edu.au



Issue 4 - Term 1 - Week 8

Friday, 23rd March 2018

Canteen & School Uniform Shop



Monday, Wednesday & Friday
Uniform Shop open between
8:20 to 9:00am

Payment by cash & cheque

only at school OR prepay online by Visa or MasterCard.



Calendar

Important Dates in Term 1, 2018

Week 9

Tuesday, 27 th March	BFOPA Choir Rehearsal
Wednesday, 28 th March	Easter Scripture Assembly from 11:30am – 12:20pm
Thursday, 29 th March	Easter Hat Parade at 9:15am
Friday, 30 th March	Easter – Good Friday

Week 10

Monday, 2 nd April	Easter Monday
Wednesday, 4 th April	K-6 Assembly
Thursday, 5 th April	School Cross Country Carnival
Friday, 6 th April	Summer PSSA Final Round
Friday, 6 th April	Yr 6 Fundraiser – Spider Drinks

Week 11

Friday, 13 th April	School ANZAC Day Service
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Term 2, 2018

Week 1

Monday, 30 th April	Staff Development Day
Tuesday, 1 st May	Students return to school.

Principal's Message

Staffing News

We will farewell Ms Vanessa Fogg at the end of this term after five terms of service at The Meadows. Ms Fogg has accepted a temporary teacher position for the remainder of 2018 at Seven Hills North PS. Together we thank Ms Fogg for her contribution to The Meadows PS and wish her well in her new position.

At the beginning of Term 2, we will officially welcome a new permanent staff member to our school community. Mr Caleb Hobby has been appointed to The Meadows PS as a targeted graduate teacher. He will effectively replace Mrs Alison Jeremijczyk following her promotion to Marayong Heights PS last year. Mr Hobby will be teaching 3/4F from Tuesday, 1st May. The class will be re-named 3/4H and Mr Hobby will visit the school and his new class in the last week of this term.

Harmony Day

Yesterday we recognised Harmony Day for 2018. The theme of this year's celebration was 'Everyone Belongs.' Harmony Day is a day to celebrate Australian multiculturalism, based on the successful integration of migrants into our community. Australia is the most successful multicultural country on Earth and we should celebrate this and work to maintain it. Indeed, we celebrated our diversity last year with an outstanding Multicultural Day celebration of the many nationalities that make up our family here at The Meadows.

Many of our students and staff wore something orange on the day. Why orange? Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect. At The Meadows PS we wore orange yesterday to show our support for cultural diversity and an inclusive Australia.

Our students enjoyed a range of activities after recess time culminating in the symbolic 'planting of hands' in our school garden, spelling out the word Harmony. A big thank you to Ms Vicki Lyon for her coordination of yesterday's activities for students.

Arrival Time at School

Our school gates at both the Fuller Street and Carrington Street entry points open at 8:20am each morning. This is the time of the start of day bell at The Meadows PS and also the time when playground supervision begins. We have had some instances of students arriving and staying outside the gates well before the time when supervision begins. Some students have arrived as early as 8.00am. To maximise your child's safety and supervision, please ensure your child does not arrive at school prior to 8:20am.

Student Safety Message – Street Parking

Please be advised that parents are not permitted to park at any time in the bus zone located on the school side of Carrington Street, just down from the pedestrian crossing. The bus zone is labelled by a street sign and also by paving on the footpath to indicate a passenger pick-up and set-down point.

Furthermore, drivers who choose to park on Fuller Street are reminded to follow the road rules, particularly with regards to U-turns over double lines and the dropping off of students too close to the crossing.

Please obey these road rules for the safety of all of our children. Thank you.

Parent Language – Please be respectful

As adults, we are the role models for our children. I am disappointed that a very small minority of parents and carers have resorted to using inappropriate language on a number of occasions on our school grounds this year. To all parents and carers, please be respectful in the way we speak around children, staff and other parents. Your cooperation regarding this matter is greatly appreciated.

Bicycle & Scooter use at school

I am very encouraged by the amount of children who are choosing to ride bikes and scooters to school each day. While the majority of these students are obedient of NSW road rules, it is timely that I issue the following reminders to all of our student cyclists and scooter-riders.

1. Please wear a helmet each day you ride:

The helmet laws for cyclists of all ages in NSW help prevent head injuries and brain damage from falls and crashes. The Road Rules state that a bicycle rider on roads and road-related areas must wear an approved bicycle helmet securely fitted and fastened. This applies to all bicycle riders, regardless of age, including children on bicycles with training wheels and any child being carried as a passenger on a bike as well as children riding scooters.

2. Please walk your bike/scooter into school and out of the school each afternoon. Please DO NOT ride your bike or scooter on school grounds.

National Day of Action against Bullying

Many important lessons were taught at The Meadows last Friday for the National Day of Action Against Bullying. The various classroom activities included role plays, puppet theatre, discussions, anti-bullying pledges, chains of friendship, positive messages, videos, writing and raps. A different method of teaching was adopted in every classroom but the same message kept coming through. Together, we stand strong and say NO to bullying.

All of our students certainly support the theme of "Bullying; No Way!" and have learnt how to respond if they ever see or hear bullying at school. All of our students are strongly encouraged to talk to our staff members if they encounter any bullying in our classrooms, on our playground or on the way to and from school.



Students' Fun Page & Reader's Prize

Would your child like to win a Hoyts Movie voucher valued at \$30? Dominic from Year 5 knows that feeling of success after he claimed the voucher prize from our last edition of the Meadows Mag!

Once again in 2018, in an effort to increase the readership of our newsletter, I have included a Students' Fun Page. Please see this week's Fun Page at the back of this edition of The Meadows Mag and work with your child to complete the activity to be in with a chance of winning a HOYTS movie voucher valued at \$30.

Look after each other,

Scott Staveley

Principal



CONGRATULATIONS Award Winners!

Week 7

Teacher's Awards (2 points)

KO	Salvador Madhu
KR	Jenuli Kaidyn
1/2L	Mann Khaled
1/2R	Brooklyn Albert
1/2S	Vedanshi Shania
3/4B	Shaza Eli
3/4F	Adhitya Marcus
3/4T	Riley Remojan
3-6L	Seth Faisal
5/6KB	Shihab Aiden
5/6P	AJ Emily

Week 8

Teacher's Awards (2 points)

KO	Kavya Dhruv
KR	Sienna Bailey
1/2L	Esha Jamie-Lee
1/2R	Halli Mason
1/2S	Asna Mele
3/4B	Isabella Malok
3/4F	Selim Shania
3/4T	Jordan Hrish
3-6L	Monica Noah
5/6KB	Matilda Dylan
5/6P	Ella Jack

**At The Meadows we are Safe,
Responsible Learners !**

**Make sure to 'LIKE' us
on FACEBOOK!**



Excursions & Activities in Progress

Excursion/ Activity	Date of excursion/ activity	Amount due	Payment due by
Sport in Schools	Every Monday	\$40 Year \$10 Term	Friday, 16 th February
Summer PSSA	Every Friday	\$60 for Terms 1 & 4	Monday, 26 th February
Year 6 Shirts	Term 2	\$30	Friday, 16 th March
Blacktown Festival of Performing Arts	27 th March, 6 th June, 15 th August	\$25	Friday, 23 rd March
Year 5/6 Berry Camp	31 st October – 2 nd November	\$100 Deposit	Friday, 16 th March

P&C Easter Raffle

Tickets are now selling in the P&C Easter Raffle
for 50c each or 5 tickets for \$2

Please support the P&C by selling as many of your
raffle tickets as you can to
your friends, family and neighbours.
All funds raised go directly to our school.

Return all tickets (sold and unsold)
with the money to your child's teacher
by **Wednesday, 28th March.**



Prize winners will be drawn at the Easter Hat
Parade in the school hall on March 29th.

**Donations of Easter Eggs, chocolates, and
lollies are still being gratefully accepted
by the office ladies.**

The Meadows - A White Ribbon School

On Tuesday, 13th March. Mrs O'Neil and I had the opportunity to take part in a White Ribbon course on behalf of our school. We are pleased to announce that The Meadows Public School is now a White Ribbon School. In Australia, one in four children are exposed to domestic violence and in a one year period, one woman dies every week by a current or former partner in their own home. These are real issues that our society and community face every day. We want to break the gender stereotypes and promote equality and empowerment so that these statistics will not be our young women and men's reality.



As a school we are standing up, speaking out and acting to prevent men's violence against women. At The Meadows Public School, we recognise the equality and respect towards both females and males and take a strong stand against violence and abuse towards women. Together we want to build a future that is free from violence and abuse and replace it with respect and tolerance. Throughout this year and in years to come, we will be holding different events, fund raisers and awareness programs to support White Ribbon Australia. We look forward to your support in the upcoming events and look forward to taking an oath together to putting an end to violence and breaking the silence.

Mrs Dawson.



Coles Sports for Schools
will finish soon.

It's a double vouchers doozy
THIS WEEKEND at Coles.

Shoppers are being rewarded with
DOUBLE VOUCHERS !!!

Don't forget to bring them
to the big box in the office.
We thank you for your support.

Summer PSSA Report

In week 6 the senior AFL team played Girraween Public School. It was the first time our team played together and despite the loss our team showed great commitment to stay in the game. A special mention to Tithu Saha (Players' Choice) and Strantz Schaumkel (Coach's Choice) for their outstanding sportsmanship and athleticism.

In week 7 we faced Beresford Road Public School. The first quarter was very tight and intense. The Meadows showed great fight to match our much taller opposition but as the match progressed our opposition proved too experienced and skilful. A much improved effort from Yassin Zahra resulted in him being selected for 'players' choice' and Cody Doorey (Coach's Choice) was outstanding and utilised her speed to create an advantage for our team throughout the match. The PSSA senior AFL team have shown fantastic improvement in their skills over the past few weeks. It has been pleasing to see the change in our playing style, focussing now on teamwork and communication. Keep up the hard work and remember your mouth guard!!

Yours sincerely,

Mr Polley



Student Leadership



Over the last two weeks members of our student leadership team attended excursions with Ms Kirkland that provided them with opportunities to develop their leadership skills and capacity as student leaders.

On Thursday 8th March, 10 students attended a Leadership Training Program at Longneck Lagoon Environmental Education Centre. Students worked together to accomplish challenges. These activities focussed on **working collaboratively, communicating effectively** and **critical** thinking in order to solve these problems **creatively**. A big thank you, to Mrs Kathryn Brennan who assisted with transport on the day.



On Monday 12th of March, our four student leaders – Aiden, Ashton, Harriet and Alexandra attended the annual Halogen Young Leaders Day at the International Convention Centre, Sydney. More than 4000 students across Sydney from both private and public schools gathered at this event to hear keynote speakers. Guest speakers spoke about the importance of being resilient, facing challenges and believing in yourself by following your dreams. Our students were inspired by the message delivered by John Coutis, an internationally renowned inspirational speaker who was born with a severe disability that rendered him a double amputee.



3-6L News



What causes night and day? The rising of the Sun and the Moon are daily reminders of the awe and wonder, beauty and power of the universe. In Science, 3-6L are studying the relationships between the Sun, Earth and Moon and to understand how we experience day and night on Earth.

3-6L Students explored the sizes, shapes, positions and movements of the Sun, Earth and Moon. They investigated how shadows change throughout the day and linked these changes to the Sun's apparent movement across the sky. 3-6L students role-played the movements of the Earth in relation to the Sun and Moon. Through investigations, they can now explain night and day in terms of the Earth spinning on its axis.

Next we will be looking at the different directions in terms of North, South, East and West, how time is based on the apparent movement of the Sun across the sky and how time can be determined using a sundial.



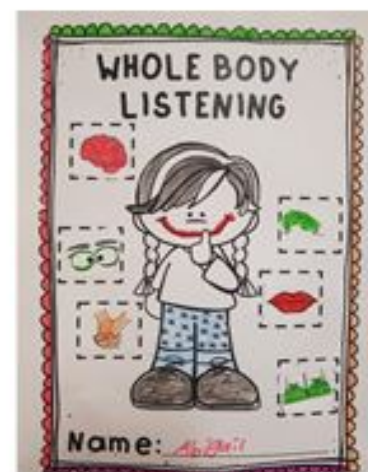
3-6L News

3-6L have been learning about Social Skills. The purpose of this program is to empower the students to create positive relationships with peers and others. 3-6L were introduced to different sea creatures that were link to 8 different social skills.

The 8 key skills are:

1. Taking turns in conversation/ speaking in front of their peers,
2. Filtering thoughts and comments,
3. Listening to others,
4. Playing fair/ by the rules,
5. Being a gracious winner or loser,
6. Showing concern for others,
7. Accepting others for who they are,
8. Resolving conflicts and expressing feelings and needs.

3-6L learnt these skills through interactive games and activities to promote pro-social behaviour. The students all enjoyed the different ways they learnt about the social skills and have developed the knowledge to use them in real life situations.



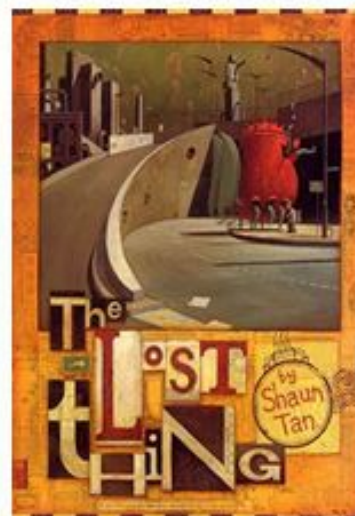
What's happening in 5/6P

5/6P has had a fantastic start to 2018. We began by setting learning and personal goals and displayed these through self-portraits, which turned out amazing!!



In mathematics, we have been exploring a range of concepts through practical hands-on tasks. Mini whiteboards have also been used to consolidate our learning and understanding.

In English, our focus has been on narrative writing. Students explored the text 'The Lost Thing' by Shaun Tan.



In Art, students have explored a range of concepts and used various drawing and shading techniques to produce high quality art samples. Special mention to Emily Randall (Cactus) and Alishba Zahid (Hot air balloon) for producing these fantastic Artworks.



In 5/6P we have established a high work ethic that promotes team work, fosters resilience and supports students needs in a collaborative learning environment. Reciprocal teaching is encouraged to further expand on students' knowledge and social development. Class Dojo is implemented to reward positive student behaviour and encourage student self-regulation.




+1 to Table 1
for Teamwork!



Community Noticeboard

The Meadows Public School, as a service to parents, will advertise community events that may be of interest.

The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events



KILDARE ROAD MEDICAL CENTRE

INTRODUCING...

Dr. Kabir Ahmed, FRNZCGP, FRACGP

Dr. Ahmed graduated from Dhaka Medical College, Bangladesh. He went on to study at the University of Otago, where he attained a Master of Immunology and worked in probiotic research at Massey University, before starting a career in General Medicine. Dr. Ahmed practiced in New Zealand for 14 years, mainly in internal medicine in a hospital setting before relocating to Australia.

Interests: Aboriginal health, chronic care management, emergency medicine and palliative medicine.

Languages: Bengali

To make an appointment with Dr. Ahmed, go online at kildaremedical.com.au, use the Appointuit App or call Reception on 8822 3000

BULK BILLING OPEN 7 DAYS

36 Kildare Road, Blacktown, NSW 2148 kildaremedical.com.au



Free supported playgroups

Every Friday morning 9:30am-11:30am
(during school terms)

**FREE
MORNING TEA
PROVIDED**

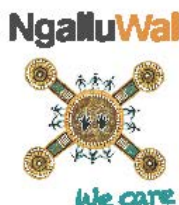
Come along to Ngallu Wal's free supported playgroups, where we provide fun activities and experiences suitable for your child's age (0-6 years) that promotes early learning.

Families can access support from allied health professionals for information on any issues such as a child development, school readiness, speech, nutrition and more.

Ngallu Wal Aboriginal Child & Family Centre
259 Kildare Rd, Doonside

For more information visit
[facebook.com/NgalluWalACFC](https://www.facebook.com/NgalluWalACFC)
 or call 02 9672 4173

In partnership with 



Open Day

Join in the fun at
**Uniting Grantham Heights
 Early Learning Seven Hills**

There will be a free sausage sizzle, games, face painting and animal farm.

Learn about how we create lessons that not only prepare children for school, but help them for the rest of their lives.

Saturday 24 March
 10.00am to 2.00pm
 17 Nipigon Road, Seven Hills
 (next to the Uniting Church)

For more information call **1800 864 846**.
uniting.org

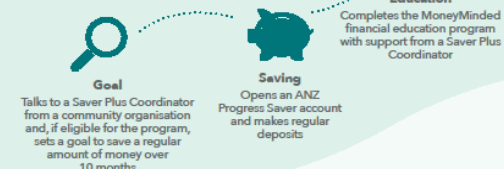
Uniting

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What is Saver Plus?

-  A free ten-month savings program providing financial education, budgeting and savings tips.
-  Participants receive up to \$500 in matched savings for education costs for themselves or their children.
-  Delivered by Brotherhood of St Laurence, Berry Street, The Benevolent Society and The Smith Family and other local community organisations.
-  Offered in communities across Australia in every state and territory.

A Saver Plus Participant's Journey



Benefits for participants¹


Who can join?

- Participants must meet all of the below criteria:
- have a Centrelink Health Care or Pensioner Concession Card
 - be at least 18 years old
 - have some regular income from work (themselves or their partner)
 - have a child at school or attend vocational education themselves.

 **87%** continue to save the same amount or more up to three years after completing the program

 **81%** were better equipped for unexpected expenses

 **93%** reported increased self-esteem





 **85%** had more control over their finances

How did it start?



Saver Plus began in 2009 as a Brotherhood of St Laurence and ANZ pilot program with 268 participants in three sites across Victoria and New South Wales.

Since then, the program has expanded to all Australian states and territories, reaching more than 32,000 people, making it the largest and longest-running program of its kind in the world.

Since 2004¹:

-  **32,000+** participants
-  **\$17.3m** - total amount saved by participants
-  **\$14m** - matched funds paid by ANZ
-  **\$753** average amount saved per participant

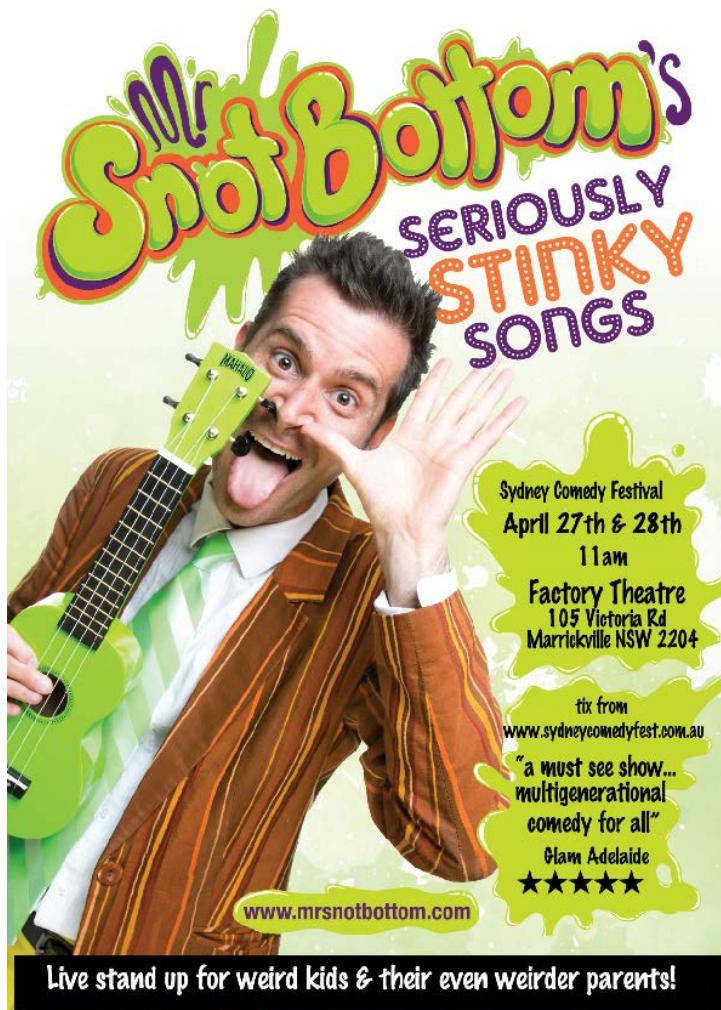
Find out more

-  1300 610 355
-  saverplus@bsl.org.au
-  www.saverplus.org.au



¹ RMIT University, 2014. A number of Saver Plus program evaluations have been carried out since 2004. For more information see anz.com/saverplus

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



Mr Not Bottom's
SERIOUSLY STINKY SONGS

Sydney Comedy Festival
April 27th & 28th
11am
Factory Theatre
105 Victoria Rd
Marrickville NSW 2204

tix from
www.sydneycomedyfest.com.au

"a must see show...
multigenerational
comedy for all"

Glam Adelaide
★★★★★

www.mrsnotbottom.com

Live stand up for weird kids & their even weirder parents!

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2018 SCHOOL NEWSLETTER SNIPPETS



Go4Fun
Healthy • Active • Happy • Kids

FREE
10 week program for kids aged
7 to 13 years, to become fitter,
healthier and happier.

Local Programs | go4fun.com.au
Register today | 1800 780 900

NSW Health Western Sydney Local Health District

MAKE HEALTHY NORMAL



Come along and discover the fun of Physie!

Physie is a form of dance, incorporating marching, exercises, jazz, dance, ballet and gymnastic movements. It supports core strength, flexibility, good posture and co ordination. It is a wonderful recreation choice for girls and ladies aged 3 and up. It is a fantastic way to keep fit and make new friends or bring along your friends too!

Your first week's lessons are free!!!

Email: club2000sevenhillspysie@hotmail.com
Website: www.club2000.weebly.com

Club 2000 Seven Hills Physie & Dance

Classes commence on Monday 12th February, 2018.

MONDAYS: Vardy's Road Public School from 12th February

9 & 10 Years	4.00 - 4.45pm
11 & 12 Years	4.45 - 5.30pm
13,14 & 15 Years	5.30 - 6.15pm
16yrs & Intermediates	6.15 - 7.00 pm
Open Elites	7.00 - 7.45pm
Ladies	7.45 - 9.00pm

WEDNESDAYS: Vardy's Road Public School from 14th February

Tiny Tots:	3 & 4 Years	4.00 - 4.30pm
	5 & 6 Years	4.30 - 5.15pm
	7 & 8 Years	5.15 - 6.00pm
	13,14 & 15 Years	6.00 - 7.00pm
	Ladies	7.00 - 8.00pm

THURSDAYS: Vardy's Road Public School from 15th February

	5,6,7 & 8 Years	4.30 - 5.30pm
	9,10,11 & 12 Years	5.30 - 6.30pm
	16yrs & Intermediates	6.30 - 7.30pm
	Open Elites	7.30 - 8.30pm

Enquiries please contact:

Robyn: 0414 983 189 Lynda: 0478 648 434
Naomi: 0433 255 949 Michelle: 0433 069 045



Name: _____

Students Fun Page



Using any of the letters from the words **HARMONY DAY – EVERYONE BELONGS**,

write a list of **at least 24** words containing 3 or more letters! You can jumble up the letters in any order to form new words. The 4 really easy words have been done for you! Hand this in to Mr Staveley by next Friday to have a chance of winning a HOYTS Movie Voucher valued at \$30.

1. harmony	16.
2. day	17.
3. everyone	18.
4. belongs	19.
5.	20.
6.	21.
7.	22.
8.	23.
9.	24.
10.	25.
11.	26.
12.	27.
13.	28.
14.	29.
15.	30.