# The Meadows Public School 2020 CANTEEN MENU <br> Open: Monday, Wednesday \& Friday <br> Uniforms sold only at the canteen between: 8:20 to 9am 

## The Meadows Public School CANTEEN MENU

The canteen aims to provide a selection of enjoyable and nutritious foods and drinks at a reasonable price for the children and staff of our school community.

## LUNCH \& RECESS ORDER PROCEDURE:

- Lunch and recess orders Monday, Wednesday \& Friday.
- Paper bag orders should be on a suitably large paper bag. Please write your child's recess/lunch order with NAME and CLASS clearly marked on the front of the bag.
Canteen order bags .10c
- Please provide one bag for recess (marked RECESS) and one bag for the lunch order.
- Bags and money are to be placed at the canteen by 8:50am.
- Recess orders are to be collected from the Canteen.
- Frozen items ordered are to be collected from the canteen.
- Payment by CASH ONLY no credit will be given.

OVER THE COUNTER ONLY - CASH ONLY - Lunch \& Recess Orders to be placed by 8:50am

| SNACKS |  | SANDWICHES, ROLLS \& WRAPS |  | HOT FOOD |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit in season | \$1.00 | White \& wholemeal sandwiches \& rolls available. White wraps only. |  | Hash Browns | \$1.00 |
| Custard \& jelly cups | \$1.50 | Vegemite or honey | \$1.70 | Corn cobs | \$1.00 |
| Frozen Pineapple slices | 40c | Cheese | \$2.00 | Meat pie mini | \$1.20 |
| Bread Sticks | 10c | Cheese \& vegemite | \$2.10 | Garlic Bread | \$2.00 |
| Popcorn | 50c | Cheese \& tomato | \$2.30 | Chicken wedges (3) | \$2.00 |
| Anzac biscuits | 20c | Salad | \$3.50 | Toasted ham \& cheese pocket | \$2.20 |
| Vaalia Yoghurt pouches - Vanilla \& Strawberry | \$1.80 | Ham | \$3.00 | Toasted cheese \& tomato pocket | \$2.20 |
| Rice Cracker Mini Bites | 80c | Ham \& Cheese | \$3.30 | Toasted chicken \& cheese pocket | \$2.50 |
| Red Rock Deli Potato Chips plain | \$1.20 | Ham, cheese \& tomato | \$3.60 | Pizza singles - Margarita | \$2.50 |
| Grain Waves | \$1.20 | Ham \& salad | \$4.50 | Hot chicken tender, lettuce \& mayo snack wrap | \$2.60 |
| DRINKS - Recess \& Lunch |  | Chicken | \$3.50 | Pizza Wraps - BBQ Chicken and Meat \& Cheese | \$3.50 |
| Bottled Water - 350ml | \$1.40 | Chicken \& salad | \$4.80 | Hot Dog | \$2.80 |
| Bottled Water - 600ml | \$2.00 | Tuna | \$3.50 | Sausage roll Lite | \$2.90 |
| Juice Apple 110ml | \$1.00 | Tuna \& salad | \$4.80 | Cheese \& spinach roll | \$2.90 |
| Juice 200ml - Orange, Apple, Apple \& Blackcurrant | \$2.00 | EXTRAS |  | Meat pie Lite N Up | \$3.60 |
| Glee Juice Bubbles 99\% Fruit juice Tropical, Grape, Raspberry \& Blackcurrant | \$2.00 | Toasted sandwich | 30c | Chicken burger | \$4.00 |
| Up \& Go - Chocolate, Vanilla Ice, Banana \& Strawberry | \$2.50 | Lettuce, carrot, tomato, cheese or pickles | 30c ea | Beef \& cheese burger | \$4.00 |
| Hot Chocolate (Terms 2 \& 3 only) | \$1.50 | Mayonnaise, tomato or BBQ sauce | 30c ea | Nacho Dippers | \$4.20 |
| Milo poppers - chocolate milk | \$2.00 | SALAD BOXES |  | Macaroni \& cheese | \$4.20 |
|  |  |  |  | Twist bolognaise | \$4.20 |
| ICE BLOCKS \& ICE CREAM |  | Salad box (lettuce, tomato, cucumber, beetroot \& carrot) | \$5.80 | Beef lasagne | \$4.20 |
| Quelch | 50c | Egg \& salad box | \$6.00 | Butter chicken \& rice | \$4.20 |
| TNT Ice Mony - Blue Raspberry \& Chocolate | 80c | Ham \& salad box | \$6.00 |  |  |
| Juicey Tubes - lemonade \& tropical | \$1.00 | Chicken \& salad box | \$6.00 |  |  |
| Paddle Pops - Chocolate \& Rainbow | \$1.30 | Salad dressing | .30c |  |  |

- Please note: Prices are subject to change without notice. Prices effective Wednesday, 29 January, 2020.

